
The Lighter Side of “G”

Appetizer

Brussel Sprouts **GF**

Squash, cranberry, pancetta, and goat cheese with
lemon thyme cream sauce (350 Calories) 14

Salad

Beet Salad **GF**

Red and yellow beets, goat cheese, micro-greens, fennel with
white balsamic vinaigrette (200 Calories) 12

Entrees

Sautéed Spaghetti Squash Caprese **GF**

Spaghetti Squash tossed with Fresh Garlic, Fresh Basil Pesto, Extra Virgin
Olive Oil, Tomatoes and Fresh Mozzarella (360 Calories) 14
*Add Sliced Grilled Chicken Breast (150 Calories) 5, Salmon (280 Calories) 9,
Grilled Steak (290 Calories) 7, or Three Grilled Shrimp (180 Calories) 9*

Grilled Lemon Chicken **GF**

Marinated Chicken Breast served with Roasted Yellow Squash and
Zucchini in a light Lemon Butter Sauce (425 Calories) 17.5

Seasonal Fish **GF**

Pan seared with Broccoli and Potatoes (320 Calories) (MP)

Pesto Veggie Pizza **GF**

Gluten free pizza crust, fresh basil pesto sauce, fresh garlic, tomatoes, onions,
green peppers, banana peppers, black olives, mushrooms and smoked provolone
Large (350 Calories) 18 Small (200 Calories) 15

Pizza and Pasta are also available gluten-free; look for the **GF** symbol

The Lighter Side of “G” is a regular feature at Giammarco’s and changes seasonally. Keeping with Italian
tradition, we use only the freshest quality ingredients from local producers whenever possible.

Mangiare bene, essere sani! (*Eat well, be healthy!*)
Tom and Marianela Bernardo, Owners

GF indicates it can be made free of gluten